

SMS Dress Code For September 2020

Option 1: Physical Education Uniform

(Can be worn on non-gym days too)

- a. Plain dark gray t-shirt (or gray St. Mary t-shirt previously sold as PE shirt.)
- b. Longer legged plain navy mesh athletic shorts (or St. Mary shorts previously sold as PE shorts)
- c. Navy sweatpants (cooler weather)

Option 2: Cougar Wear Tops

- a. Cougar Wear T-shirt with PE bottoms
- b. Cougar Wear T-shirt with regular dress code bottoms
- c. Cougar Wear sweatshirts may be worn (cooler weather) - no hoodies

Option 3: Regular Dress Code (see attached page)

Dress Code Expectations for all Options:

- A. No tights/leggings
- B. Socks: White, black, or navy that cover the ankles
- C. No makeup of any type. This includes nail polish, lipstick, lip gloss, blush or any eye makeup
- D. Jewelry permitted:
 - Only wrist watches (no alarms)
 - A single religious medal such as a cross, crucifix, or saint metal
 - Only one charity bracelet may be worn (color of your choice)
 - Girls may wear one set of small post earrings in the earlobe - one in each ear
- E. Sagging is not allowed whether in uniform, pants, gym shorts, or dress down days.
- F. Boys hair length should be above shirt collar and not in the eyes.
- G. Both boys and girls are NOT permitted to have extreme hairstyles such as extensions or extreme accessories.
- H. Both boys and girls are NOT permitted to have chemically altered hair color including highlights or bleaching.
- I. Shoes must have closed heels and toes. Heels are not to exceed one inch from sole.
- J. Shoes Choices:
 - Black or navy non-marring athletic shoes
 - Saddle shoes
 - Brown, black or navy solid colored school shoe with non marring soles

ST. MARY SCHOOL UNIFORM REGULATIONS

Uniforms are a requirement for students in Grades K-8. Girls' uniform skirts, jumpers, skorts, and vests must be St. Mary School's plaid or solid navy. Items may be purchased from Schoolbelles, St. Mary School resale shop, or any department store.

GIRLS: Grades K-4

- a. School plaid or navy blue jumper
- b. School plaid or navy blue traditional uniform-style or corduroy pants (no rivets, extra big pockets or side leg pockets)
- c. School plaid or navy blue traditional uniform-style walking shorts

Shirts:

White, navy blue or light blue collared button-up blouse (long or short sleeve), knit polo or turtleneck

One of the following must be worn with shorts and pants (This is optional for K-2 only. However, if a sweater, vest or sweatshirt is worn, it must be from the approved list below):

- a. Navy blue or white sweater (v-neck, crew neck, or cardigan)
- b. Navy blue vest
- c. St. Mary School/Cougar sweatshirt

Socks:

- a. Solid white, black or navy blue ankle socks (**MUST COVER ANKLE**), knee socks or tights
- b. No nylons permitted except on dress up days

GIRLS: Grades 5-8

- a. School plaid or navy blue uniform split skirt, skorts, pleated, or kilt skirt
- b. School plaid or navy blue traditional uniform-style or corduroy pants (no rivets, extra big pockets or side leg pockets)
- c. School plaid or navy blue traditional uniform-style walking shorts

NOTE: HIP HUGGERS & EXCESSIVELY TIGHT PANTS ARE NOT ACCEPTABLE. THE LENGTH OF SKIRTS/JUMPERS WILL NOT EXCEED TWO INCHES ABOVE THE KNEE.

Shirts:

White, navy blue or light blue collared button-up blouse (long or short sleeve), knit polo or turtleneck

One of the following must be worn with skirts, skorts, shorts and pants

- a. Navy blue or white sweater (v-neck, crew neck, or cardigan)
- b. Navy blue vest
- c. St. Mary School/Cougar sweatshirt

Socks:

- a. Solid white, black or navy ankle socks (**MUST COVER ANKLE**), knee socks or tights
- b. No nylons permitted **EXCEPT** on dress-up days

BOYS: Grades K-8

- a. Navy blue traditional uniform-style pants or corduroy (no rivets, extra big pockets or side leg pockets)
- b. Navy blue traditional uniform-style walking shorts

Shirts: (MUST BE TUCKED IN AT ALL TIMES)

- a. White, navy blue or light blue tailored, dress oxford (long or short sleeve, knit polo, or turtleneck)
- b. Undershirts must be white

One of the following may be worn

- a. Navy blue sweater (v-neck, crew neck or cardigan)
- b. Navy blue vest
- c. St. Mary School/Cougar sweatshirt

Socks:

- a. Solid white, black or navy blue socks - **MUST COVER ANKLE**

UNIFORM REGULATIONS - CONTINUED

Shoes:

Black or navy** athletic shoes (no colored shoe laces) OR brown, black or navy solid colored school shoe with non-marring soles. Saddle shoes are acceptable also. All laces must match the color of the shoe. **Closed** heel and toe, **Heels not to exceed 1 inch from the sole**; refer to the Schoolbelles catalog for acceptable shoe suggestions. For safety reasons, shoes must fit securely.

Waistband:

The waistband of the girls' uniform and the belt of the boys' uniform **must be visible at all times**;
Grades 2-8 - If there are belt loops on pants, a black, navy or brown belt **MUST** be worn and **MUST** be visible.

Make-up:

No make-up of any type. This includes nail polish, lipstick, lip gloss, blush or any eye make-up.

Jewelry:

Only the following will be permitted: wrist watches (no alarms please), a single religious medal such as a cross, crucifix, or saint medal, **ONLY ONE** "charity bracelet" may be worn (color of your choice), **GIRLS** may wear one set of small post earrings in the lobe - **ONE IN EACH EAR**.

Hair:

Boys hair length should be above the shirt collar and should not be in the eyes
Boys & girls - No extreme hairstyles such as extensions or extreme accessories
Boys & girls - No chemically altered hair color including highlights or bleaching

Winter Weather:

Students must be dressed appropriately for the weather conditions (i.e., hat, gloves, boots, and scarves).

Extreme Styles:

Extreme clothing styles or "SAGGING" is **NEVER ALLOWED** whether in uniform pants, slacks, or on any dress down days.

SPECIAL NOTE: Schoolbelles has the correct style of pants for girls and boys. If you can find a better price of the same style, they will be acceptable. When shopping for school clothes, please refer to the Schoolbelles catalog for the proper style of school clothing.

PHYSICAL EDUCATION UNIFORM – GRADES K-8

Boys & Girls - The REQUIRED uniform for Physical Education classes is:

Shirt:

a. **PLAIN** Dark gray t-shirt** (or gray St. Mary Cougar t-shirt previously sold as phys. ed. shirt)

Bottoms:

- a. Longer legged plain navy mesh athletic** shorts (or St. Mary Cougar shorts previously sold as phys. ed. shorts)
- b. Plain navy blue sweatpants** for cold weather (or St. Mary Cougar sweatpants previously sold as phys. ed sweatpants)
- c. **NO TIGHTS/LEGGINGS****

Socks:

a. White crew socks which cover the ankle

Shoes:

a. Black or navy tennis shoes with non-marring soles**

IMPORTANT INFORMATION.....

St. Mary School has a uniform resale shop which is operated by our PTU. Gently used uniforms are donated back to the school and are sold at a nominal fee:

❖ Shirts/Blouses	\$1.00 each
❖ Shorts	\$1.00 each
❖ Pants	\$2.00 each
❖ Vests/Sweater Vests	\$2.00 each
❖ Long-Sleeved Sweaters	\$3.00 each
❖ Skirts (Grades 5-8)	\$3.00 each
❖ Jumpers (Kdg.-Gr. 4)	\$5.00 each
❖ Sweatpants (for phys. ed.)	\$3.00 each
❖ Sweatshirts	\$3.00 each